



# Rio Abbott Leeds Children's Mayor 2018/19

**STOP. THINK. RACISM STINKS**

**Key stage 2 lesson plan & resources**



In November 2018 7,770 local children and young people elected Rio from Grange Farm Primary School as their 9<sup>th</sup> annual Children's Mayor of Leeds.

Following his election, Rio made a deputation speech to full Leeds City Council to share his winning manifesto idea with our 99 councillors. Rio's manifesto was all about tackling racism and raising awareness amongst of the issue amongst children in Leeds.

This year, a team of council officers have been working with Rio to come up with a plan to bring his ideas to life.

We have created this resource pack to give you the necessary resources to run lessons with your pupils to raise awareness of how racism affects children and young people and what to do if they witness acts of racism or are victims of racism.

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## Rio's Idea Explained

Rio would like to raise awareness of racism across Leeds Primary School to ensure that all children in Leeds know what to do if they are a victim of racism or witness racism taking place.

This resource pack includes a 30 minute lesson plan that can be undertaken with year 5 & 6 pupils. Rio has also designed a poster and film to support his campaign.

We hope you will help support Rio in his 2018/19 Leeds Children's Mayor Campaign.

*Rio's winning idea:*

*"If I was Children's Mayor of Leeds I would tackle racism by making posters to spread awareness and to make a video about what to do if you were in that scenario. The video would make you think about what you are doing before you do it. I would like every school to have a book in school where children can express their feelings. Maybe older children can give children advice or adults could go through the book with children.*

*I would like to have a bake sale and a second hand stall to raise money to buy wristbands to spread awareness. On the wristbands I would like to have a snappy slogan about stopping racism. It will be 'Stop Think Racism Stinks'.*

*My idea will stop people judging other people for who they are. It will benefit people who have had racist comments made against them and also, the people who are racist – the video will make them stop and think before they act.*

*It will also benefit the world because some people who may have grandparents who lived through apartheid and know the effects of racism.*

*Other children can help by spreading awareness and doing a bake sale. The money they get will go towards the wrist bands which they can then give out in their schools. They will also have the book in their school which they can decorate themselves (this would be very cheap or even free as all schools have exercise books)."*

## Lesson Plan for Key Stage 2 – 30 minutes

**Objectives:**

- Pupils to gain an understand of what racism is and how it affects others
- Pupils to know how to identify and report incidents of racism within school and their community

**National Curriculum:**

- Community cohesion
- Citizenship

**Resources:**

Stop. Think. Racism Stings Film  
Stop. Think. Racism Stinks Poster  
Stop. Think. Racism Stinks feelings page  
Stop. Think. Racism Stinks wrist bands

**Teaching activities:**

Show pupils the short video that Rio has created with his school (5 minutes)

On a sheet of paper / flipchart ask pupils to list what they think racism is (5 minutes) and then to feed back their ideas to the rest of the class (5 minutes).

On a sheet of paper / flipchart ask pupils to list what forms racism comes in (5 minutes) and then to feed back their ideas to the rest of the class (5 minutes).

Ask pupils if they know what to do if they witness or experience racism in school and their community. Explain that they should report incidents of racism to a teacher within the school. (3 minutes)

Rio has designed a 'feelings' page, this is a single sided document that children can use throughout the year if they have any worries about racism. When they have completed it they can then share this with teachers. (2 minutes)

Rio has designed posters and wrist bands. Please display the posters in your class and hand out the wristbands to pupils who have taken part in this lesson.

[WATCH RIO'S FILM HERE](#)

**Help Rio, Leeds Children's Mayor, to tackle racism and raise awareness amongst children in Leeds**



**STOP. THINK. RACISM STINKS**

**In school racism is when a pupil, or teacher, is treated differently because of their skin colour, religion, belief or nationality.**

- Racism can include:**
- 1) Being called racist names**
  - 2) Being sent racist messages or threats**
  - 3) Having your belongings damaged**
  - 4) Personal attacks**
  - 5) Being left out**
  - 6) Being made to feel inferior to others**
  - 7) Racist jokes**

**Help and Support**

Victim Support Leeds: 0113 245 7843

Bullying UK: 0808 800 2222

ChildLine: 0800 1111

## Feelings Page

The feelings page is a chance for you to write about any worries you have about racism within your school or community

I feel...

I feel...

I feel...

## Resources

There are lots of fantastic learning resources available to educate children about racism that are available to download freely from the following websites:

Stand up 2 racism

[www.standup2racism.org.uk](http://www.standup2racism.org.uk)

BBC Bitesize

<https://www.bbc.com/bitesize/clips/zqvnvcw>

Show Racism the Red Card

[www.theredcard.org](http://www.theredcard.org)

Safe at School

<https://www.safeatschool.ca/resources/resources-on-equity-and-inclusion/racism/tool-kits-and-activities>

## Support



# CHILDREN AND YOUNG PEOPLE

**Our services are free, confidential  
and available to everyone, whether  
or not the crime has been reported  
and regardless of when it happened.**

If you've been a victim of any crime or have been affected by a crime committed against someone you know, we can give emotional and practical support to help you beyond crime and get your life back on track.

**We are here to help**

**Contact us on 0113 245 7843**

**or email [Leeds.vs@victimsupport.org.uk](mailto:Leeds.vs@victimsupport.org.uk)**

**[www.victimsupport.org.uk](http://www.victimsupport.org.uk)**

 VictimSupport  @VictimSupport

**VICTIM  
SUPPORT**



As an independent charity, we work for a world where people affected by crime and traumatic incidents get the help they need and the respect they deserve. To find out how you can help us help more people visit [victimsupport.org.uk/get-involved](http://victimsupport.org.uk/get-involved)

Registered charity number 298029.  
Registered address Victim Support,  
1 Bridge Street, Derby DE1 1RZ  
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